

St Mary's Old Girls' (SMOG) Netball Club



2009 Season Trial Handout

SMOG welcomes everyone to the netball season for 2009! This season looks to be a great year for the club, with increased focus and support for coaches, managers and competitive teams. This handout provides you with some basic introduction information for the 2009 trials and the upcoming season. For more information, check out the club's website: www.smognetball.org.nz or email us on smognetball@gmail.com

Trials 2009

All trials will be finished by 7 March. This year we have 7 teams in the Premier and Premier Reserve Grades, and are looking to have approximately 6 teams in the Senior grades. This is a slight reduction from the 17 teams we had last season.

The SMOG committee are committed to ensuring every player has an enjoyable trialling experience and gets to try each of their preferred positions. If you have any questions, please don't hesitate to ask one of the committee members who will be on the sidelines.

Season dates and format

The format for the 2009 netball season will be similar to 2008, with 8 teams per grade and a promotion/relegation system at the end of each round.

Senior teams have a grading tournament on 18 April, and the first game of the 2009 Netball Wellington competition starts on 2 May, for all grades. The season is scheduled to end on 5 September (if no reserve days are used due to bad weather).

The Wellington Regional Super League is being introduced during the season and this will have an effect on the NWC competition. The top five Premier 1 teams from the Wellington Netball Centre after Round 1 will leave the competition and compete in this competition.

Due to the start date of the Regional Super League, NWC will need to have its Premier 1, round 1 competition concluded by Saturday 6 June. As the NWC season is due to start on 2 May, a full round will not be possible by 6 June. This will require Premier 1 teams to play two games more than any other grade by this date.

Full details of the 2009 competition will be outlined at the club AGM.

Subs

Subs this year will be \$145 per player. Fees can be paid at the clubs AGM, via the club's bank account or at the skirts and subs nights. All subs are due by 1 May and to help you pay them off, we also offer a part payment option. For more details, please contact Jenny Smith, Club Treasurer on jsmith16@kpmg.co.nz or 021 0237 2769.

Uniforms

This year uniforms will be able to be purchased at our AGM on 31 March or on our Skirts and Subs nights on the 6 and 7 of April. New uniforms cost \$80 and second hand uniforms cost \$50 (limited number of these).

SMOG tracksuits are also available to hire for the season or alternatively you can purchase your own tracksuit.

Full details tracksuits will be on the website and discussed at the AGM.

It is important that all Senior teams have the correct uniform for the grading tournament on 18 April.

Details of the AGM

The club's AGM is scheduled for Tuesday 31 March at 6pm, at Sport Wellington, 113 Adelaide Road, Newtown. The AGM is a time to find out the club's plans for the season, get an update from the Board and committee, approve the clubs financials and pay for uniforms and subs. More details to follow on the clubs website.

Hope Bros

SMOG is really pleased to continue our sponsorship in 2009 with **Hope Bros** on Dixon Street. Hope Bros Bar & Restaurant offers a comprehensive range of New Zealand's finest Beers, a predominantly NZ based wine list, traditional and contemporary Cocktails and Contemporary NZ cuisine. For smoggies, they're providing a place to call 'home' and to unwind after games on a Saturday – club hour will be from 6.30pm every Saturday during the season.

The Hope Bros smoggie specials for 2009 will be announced at the AGM and through the club newsletter. Check out their website www.hopebros.co.nz and register for your personalised Hope Bro Smoggie membership card (entitling you to a 10% discount on all food and beverage).

Social Events

In addition to the general Saturday club drinks, we plan on having 2-3 social functions throughout the year. One will be shortly after the trials finish, one mid season and then an end of year PARTY/Prize-giving. Keep an eye on the events page of our website for details.

General expectations around trainings

To ensure everyone enjoys the season and teams can be competitive, it is important that you are able to commit to a full season of netball and training. If you are going to be away for a significant part of the season, it is important you discuss this with your coach and manager at the start of the season.

Become a Team Manager

Are you organised, friendly and a good communicator? If so, you're the exact type of person we'd like to recruit as a team manager. The Team Manager role was first introduced in 2004 and proved be a huge benefit.

The Manager works in partnership with the coach to ensure smooth running of the team and that the team is up to date with all news and updates from both SMOG and Netball Wellington. Some tasks that a Team Manager might typically do are:

- Maintenance of team and coach contact details
- Promotion of social activities to the team
- Keeping track of the netball bag and equipment
- Organise your team's umpiring roster and office duty
- Ensuring all team members are registered and subs are paid

Being a team manager is a great opportunity and we are looking for a volunteer from each team. Feel free to contact Rani Morunga at rani.morunga-caldwell004@msd.govt.nz or on 0274 345 082 if you are interested or want further information.

Best wishes for a fun and competitive season,

Karen Boyes

Club Captain

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